



## **PREOPERATIVE BLADELESS LASIK OR PRK INSTRUCTIONS**

1. Please read and understand the consent forms completely. If you have any questions or concerns, please ask Dr. Senft at your preoperative visit. You may also call at any time.
2. Begin using ibuprofen 600 mg every 8 hours with food 3 days prior to your procedure and continue to use for 3 days postoperatively.
3. Begin eyelid scrub once daily (AM) for three days prior to surgery.
4. Use Vigamox 4 times a day and Bromday 1 drop 2 times a day in both eyes, beginning 2 days before your procedure.
5. If you are having PRK, begin using vitamin C 1000 mg per day, beginning 2 days prior to your procedure and continue for 3 months.
6. Fill your prescription for Valium 5 mg and bring to the laser center. Do not take until you are instructed to do so at the laser center on the day of your procedure.
7. Do not wear any makeup around the eyes and do not wear perfume or cologne.
8. Bring your LASIK/PRK kit and all drops to the laser center on the day of your procedure.
9. Please make arrangements for transportation to and from the laser center on the day of your procedure and to and from the office the day after your procedure. Please do NOT drive until cleared by Dr. Senft.